

**Benefits Focus Group Minutes
(8-11-16)**

Note: BFG members who attended are listed; non-members may attend but are not always listed.

<u>Regular Members</u>	<u>Alternate Members</u>	<u>Staff Advisors</u>	<u>Recorder</u>
Stacey Monroe		April Bryan	
Penny Francis		Stacie Mason	
Sue Martin			
Ken Hoydic			
Anthony Rose			
Ernie Cave			
			Members and Advisors Present = 8

Call to Order – Chairperson

Stacie Mason called the meeting to order at 1:00 pm, Thursday, August 11, 2016.

Approval of Minutes from 1/28/16

Stacie Mason called for and received approval of the minutes from the previous meeting on 1/28/16.

Carehere Annual Update –John Watson, Jason Tomlinson, Liza Derbalian

- John Watson and Liza Derbalian presented the annual report comparing years 2011 thru February 29, 2016.
 - The following subjects were covered:
 - Appointment Utilization
 - Appointment Breakdown Trend
 - ◆ Stacie Mason stated that 177 retirees use the center and about 470 are eligible.
 - Unique Patients by Type
 - HRA Participation
 - Health Center Top Diagnoses
 - Top Dispensed and Dispensed Rx
 - ◆ Ernie Cave discussed that the chart only shows 100% if the drug was filled at the health center, but not noted if the drug is not carried there.
 - Health Center Rx Analysis
 - ◆ Stacie Mason stated we must make better strides to better engage the retirees in all the 5 county areas to fill their scripts at the center.
 - Specialty Rx
 - Aggregate Lab Value Highlights
 - Chronic Conditions
 - Prevalence: Diabetes-Hypertension-Hyperlipidemia
 - Care Gap Outcomes
 - Health Plan Utilization: Participating versus Non-Participating
 - Claims Value of Top Conditions

Other Business

- Stacey Monroe questioned why an appointment with the doctor was necessary to obtain the run/walk/swim physician's release when all her vital information is documented at the health center.
 - Stacey Monroe, also, discussed HRA annual form being completed by her personal physician and the blood draw being done at the health center. The center required an appointment with the doctor to order the blood draw and then difficulty in getting the results to her personal physician.
- Ernie Cave discussed that for recurring blood draws a doctor's appointment was required. An appointment was necessary for the blood draw and then appointment to see doctor for the follow review. This may be a deterrent to use the health center having to make so many appointments.
- Jason Tomlinson stated will work on setting standard appointments without seeing the doctor each time if for a chronic condition.
- Stacie Mason will work on getting the process in place regarding lab requests from outside doctor and the run/walk/swim form.
- Sue Martin asked if we pay the same for seeing the physician's assistant as the physician. Stacie Mason will check on this.
- Stacie Mason stated we are searching diligently for a permanent physician for the health center. Two interviews were completed that did not come to fruition.
- Sue Martin asked if the release to participate in run/walk/swim form can be completed when the HRA form is completed. HR will review this issue.
- April Bryan gave information on the upcoming health fair on October 20th at the Robert L. Taylor Community Center. The following is part of the agenda:
 - Flu shots will be dispensed, inbody and diabetes screenings and a dietician will be available. Inbody screening scale probably will have a sign-up sheet and this will require fasting.
 - Stacie Mason asked if the group would assist us in marketing the health fair.
- The previous walking challenge had 140 sign up; not all completed the program.
- The second or third week of October will be two seminars for stress management awarding \$50 for the two or \$25 for one session.
- Stacie Mason talked about the impact of retirees outside of our health center area and possibly partnering with LabCorp in submitting their results to our health center resulting in retiree HRA awards.
- Ernie Cave addressed the subject of six months mail order prescriptions still not being done at the health center. Stacie Mason will review this issue.
- Ernie Cave was concerned that when he used the Intercoastal Medical Group for a doctor's appointment in conjunction with using their lab, a copay was charged twice. Gail Nowacky will review this specifics and follow-up with Ernie.

Monthly Costs Update – Stacie Mason

- Active Medical & Dental claims are not good news. We are struggling with atrophic impact this year. We are 10 months into the \$5.4 million budget year. We have spent \$5.2 million thru end of July.
 - The annual data on specialty drugs is hurting use. We are talking with our vendors to find a solution. Our unions do negotiate these costs.
 - Stacey Monroe said the epi-pen costs have increased to about \$300 and was informed in Canada it was \$99. Penny Francis stated she has a card from the makers of a diabetic drug and the cost is supposed to be \$15. She has not tried it yet.
 - April Bryan will review with our pharmacist and send information out to plan participants.

- A Request for Proposal for broker/agent services for health related employee benefits is being prepared for medical/pharmacy/dental and our supplemental benefits.
- OPEB fund has some challenges with the budget of \$6.9 million running at \$4.8 million in claims. It is down 24% from same time last year. The reform we did by changing the demographics and dependents going off the plan contributed to the decrease.
- Stacie Mason will forward electronically Carehere's presentation to Ernie Cave, Al Woodle, Ed Whitehead and the Benefits Focus Group.

Adjournment and Next Meeting

The next meeting is scheduled for September 22, 2016. Stacie Mason adjourned the meeting at 2:50 p.m.