

**Benefits Focus Group Minutes  
(1-28-16)**

**Note: BFG members who attended are listed; non-members may attend but are not always listed.**

<u>Regular Members</u>	<u>Alternate Members</u>	<u>Staff Advisors</u>	<u>Recorder</u>
Susan Blake		April Bryan	
John Glanden		Gail Nowacky	
Peggy Sawyer		Dominique Anderson	
Al Woodle			
Sue Martin			
Ed Whitehead			
			<b>Members and Advisors Present = 9</b>

**Call to Order – Chairperson**

Al Woodle called the meeting to order at 1:00 pm, Thursday, January 28, 2016.

**Approval of Minutes from 9/10/15**

Al Woodle called for and received approval of the minutes from the previous meeting on 9/10/15.

**Various Topics – April Bryan**

- Flu shots are still available at the health center.
- Opal, the LPN at the health center, left employment there after receiving a scholarship to obtain RN certification. Terra Stevens is filling in as the RN and will start in a few weeks.
- Schedule changes at the health center are:
  - Monday and Friday mornings will be police labs only.
  - Wednesday (6-10am lab schedule) will be one hour earlier. Tuesday and Thursday will be 7-10am lab schedule.
  - No Friday lab schedules.
  - Monday to Friday schedules fluctuate and there is not much activity later in the afternoon; therefore, the schedule has changed to 7am – 4pm Monday – Friday..
  - Procedure changed on outside lab draws. Our doctor reviews order first by scheduling a doctor appointment noting that patient has outside lab draw order.
- 2017 wellness target measures are being revised as follows:
  - \$100 per measure regardless which medical plan is selected.
  - Blood pressure target changed from 120/80 to 130/85.
  - All the rest remain the same.
  - Complete lab work during your birth month and receive an additional \$50 for your HRA. January – March birthdays can be completed in the 1<sup>st</sup> quarter of the year.
  - All wellness results must be completed by December 2, 2016.

- The Affordable Care Act presents an alternative avenue to earn a target that was not achieved by referral to a program or onsite classes by your doctor.
- Rollover of \$250 for HRA was allowed in 2016.
- Liza Derbalian-Cordero, Director of Health and Wellness at CareHere, stated that systolic pressure/diastolic have been much better in 2015. Waist circumference not so good.

### **Monthly Costs Update – April Bryan**

- OPEB budgeted \$7.6 million and closed the fiscal year at \$7.4 million with a 9.5% increase compared to last year.
- Active Medical & Dental budgeted \$5.2 million and closed the fiscal year at \$5.2 million with a 30.5% decrease compared to last year.
- There were 550 active, 600 retirees for a total of 2,100 plan participants including dependents.

### **Other Business**

- Ed Whitehead inquired about the scale the health center will purchase.
  - April will be obtaining the information and specifications for a portable scale that will provide wellness indicators on body mass.
  - UnitedHealthcare was selected by 43 or 47 retirees; the majority were dependents. Ten primary retirees will receive the stipend.
  - Retirees will receive a 1095C form that will depict how long in the past year they had medical insurance coverage.

### **Adjournment and Next Meeting**

The next meeting will be announced later. Al Woodle adjourned the meeting at 2:30 p.m.